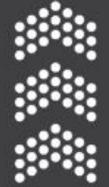




WE ARE BACK!

- CARDIO TRAINING
- WEIGHT TRAINING
- MOBILITY & STABILITY

WEDNESDAY &
THURSDAYS IN THE
ATRIUM GYM 12:00-12:35



JOIN NOW BY EMAILING WELLNESS@WAYPOINTCENTRE.CA

STARTS THE WEEK
OF MAY 1ST